



FRONT RUNNER FLIP POP TENT

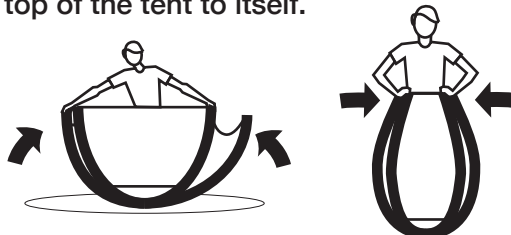
SET UP TIME: seconds to erect the tent, and if needed, a few more minutes to push in the tent stakes and secure the guylines.

TAKE DOWN TIME: seconds (after a few practice runs!).

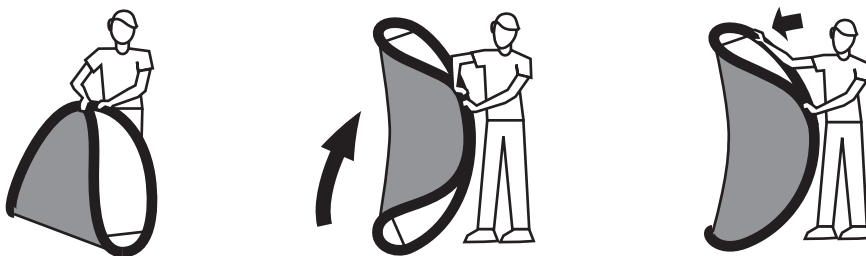
Gather all 4 fiberglass poles at the top of the tent.



Bring your hands together, folding the top of the tent to itself.



With a firm hold of all 4 bunched together poles, lift the tent and place one end on the ground - there should be a circle shape on the ground and another in front of you.



Reach out with your **RIGHT HAND** and grab the fiberglass of the circle in front of you. You are going to tuck it down into the tent.



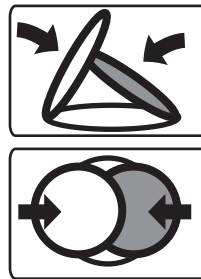
As you lower the top large circle with your right hand, fold it over, away from yourself, and tuck it underneath and into the rest of the tent.



You should be holding two smaller circles in your left hand.



Slide one of the circles underneath the other.



You did it! Now stuff the tent in the carry bag before it pops back open!

•**HINT** You may want to practice this a few times until you get the hang of it. It's like riding a bike. Once you figure it out, you'll be set for life.

View set up and take down videos at [YouTube.com/FRONTRunnerOutfitters](https://www.youtube.com/FRONTRunnerOutfitters)

WARNING:

KEEP ALL FLAME AND HEAT SOURCES AWAY FROM THIS TENT FABRIC.

This tent is made of flame-resistant fabric. It is not fireproof. This tent meets the flammability requirements of CPAI-84. The fabric may burn if left in continuous contact with any flame source. The application of any foreign substance to the tent may render the flame-resistant properties ineffective.

MANUFACTURED IN CHINA